

ST. MICHAEL'S SENIOR MINISTRY – "THE CLASSICS"

St. Michael's introduced its new senior ministry in May, 2022 with the premise that seniors value hearing from other seniors.

At the first meeting, the group was given a number of proposed names for this ministry.....and, by a majority vote; "The Classics" name was selected.

The group meets monthly on the first Thursday of the month in the Parish Hall, and, the meetings are held to a 90 minute time-frame. It is important to mention that this is a shared group activity where everyone is encouraged to participate and contribute. We also encourage our participants to bring a neighbor or friend.

Our senior participants share topics for discussion in small groups which allows everyone to hear what other seniors think about issues of our time. We also stay away from political discussions since it is our intent to make these monthly group meetings a happy time for everyone.

Participation has been very good, and, there are typically between 20-28 individuals at each meeting. The meetings with a guest speaker usually have more attendees.

Guest speakers in 2022 were from: (1) Grief Center of Albuquerque, (2) Alzheimer's Association, (3) City of Albuquerque Senior Affairs Department and (4) Envision Private Care – Estate planning.

This ministry has a very, very low impact on the church budget. The only church expenses are the cost of making copies for each meeting's handouts, and, one coffee packet (we bring the bottled water).

The co-moderators are Dave Parker (505-269-9149) and John Vrabec (505-833-1793).